

FIRST AID AT WORK TRAINING

3 Day First Aid at Work Course

A First Aid at Work course, that provides the attendee with a comprehensive set of practical skills to deal with first aid emergencies.



Once qualified, holders of this First Aid at Work certificate can be used as First Aiders in the workplace in accordance with the Health and Safety at Work Act 1974. This course can be adapted to suit a particular audience. The First Aid at Work course is run over three days and includes both theory and practical sessions.

Outline of programme

The Syllabus Includes:

- ⑤ First Aid Priorities
- ⑤ Managing Incidents
- ⑤ Basic Life Support
- ⑤ Examination of a Casualty
- ⑤ Unconsciousness
- ⑤ Control of Bleeding
- ⑤ Fractures
- ⑤ Burns and Scalds
- ⑤ Common Illnesses
- ⑤ Heart Attacks
- ⑤ Eye Injuries
- ⑤ Dressings
- ⑤ Recording and Reporting
- ⑤ Regulations
- ⑤ First Aid Kits

Assessment

Students are independently examined on the final afternoon of the first aid at work course, Upon successful completion certification is valid for three years.