

## **STA Level 2 Award in Swimming Teaching (QCF)**

The Swimming Teaching – Award, aims to produce teachers that can teach up to 10 beginners and deliver the STAnley Series of awards, as well as the Octopus and Goldfish Series of STA's International Learn to Swim Programme. They may also act as an assistant swimming teacher and can teach larger classes or advanced skills under the direct supervision of a swimming teacher qualified to certificate level.



### Pre-requisites

- ⑤ Be of 16 years of age or older
- ⑤ Hold current membership with STA
- ⑤ Hold the Pool Emergency Procedures qualification or acceptable equivalent
- ⑤ Hold the Safeguarding Children, Young People and Vulnerable Adults certificate (available online at [www.trainsta.co.uk](http://www.trainsta.co.uk)) or acceptable equivalent.
- ⑤

### Validity of Award

The qualification does not have an expiry date.

### Length of Course

49 Notional Learning Hours:

- ⑤ 28 Recommended Guided Learning Hours
- ⑤ 21 Non-contact Guided Learning Hours

### Course Information

The Swimming Teaching - Award covers:

- ⑤ Understanding the Elementary Scientific Principles Relevant to Swimming
- ⑤ Planning, Preparing and Teaching Swimming
- ⑤ Understanding the Principles for Safe and Equitable Coaching Practice

### Assessment

- ⑤ Complete a portfolio and worksheet questions to the satisfaction of the course tutor
- ⑤ Undertake poolside teaching during the course
- ⑤ Teach 10 minute lessons to 4 beginners, and 4 improvers
- ⑤ Complete a 30 question multiple-choice paper with a unit pass mark of 7/10 per unit

### Revalidation

This qualification does not require revalidation. However, STA recommends all members attend or complete CPDs to continuously update their knowledge and skills.