

STA Pool Emergency Procedures

The Pool Emergency Procedures qualification aims to train candidates in pool rescue, adult, child and infant CPR techniques competent to deal with poolside emergencies.



Pre-requisites

- ⑤ Be of 14 years of age or older
- ⑤ Be able to recover an object from the deepest part of the pool
- ⑤ Be capable of swimming 25 metres (candidates who cannot swim 25 metres must be capable of wading, and effecting a rescue, in a pool with a depth no greater than chest height)

Validity of Award

2 years.

Length of Course

6 Recommended Guided Learning Hours.

Course Information

The Pool Emergency Procedures qualification covers:

- ⑤ Understanding the Pool Safety Operating Procedures
- ⑤ Knowing how, and being able to, administer basic life support in a swimming pool environment
- ⑤ Being able to perform basic rescue skills in a swimming pool environment
- ⑤ Knowing how to respond to a swimming pool emergency situation
- ⑤ Understanding the importance of recording, reporting and analysing swimming pool emergency situations

Assessment

- ⑤ Complete a portfolio and worksheet questions to the satisfaction of the course tutor
- ⑤ Demonstrate the ability to carry out rescue activities in a safe, effective and prompt manner
- ⑤ Demonstrate cardiopulmonary resuscitation, its preparatory actions and aftercare.

Revalidation

This qualification requires revalidation every 2 years to update knowledge and demonstrate understanding.