

## **STA Pool Responder**

The Pool Responder qualification aims to train candidates in pool rescue, CPR techniques and first aid competencies in order to deal with poolside emergencies.



### Pre-requisites

- ⑤ Be of 16 years of age or older
- ⑤ Be able to recover an object from the deepest part of the pool

### Validity of Award

2 years.

### Length of Course

14 recommended Guided Learning Hours.

### Course Information

The Pool Responder qualification covers:

- ⑤ Understanding the Pool Safety Operating Procedures
- ⑤ Understanding the roles and responsibilities of a pool responder and first aider
- ⑤ Knowing how to assess an incident
- ⑤ Knowing how to administer basic life support in a swimming pool environment
- ⑤ Being able to manage unresponsive casualties who are breathing normally and not normally
- ⑤ Being able to assist a casualty who is choking
- ⑤ Understanding basic first aid procedures
- ⑤ Being able to perform basic rescue skills, and manage a wounded and bleeding casualty
- ⑤ Knowing how to respond to a pool emergency situation and simulated pool emergencies
- ⑤ Understanding the differences in dealing with different kinds of casualties
- ⑤ Understanding recording, reporting and analysing pool emergency and first aid situations

### Assessment

- ⑤ Complete a portfolio and worksheet questions to the satisfaction of the course tutor
- ⑤ Complete a 25 question multiple-choice paper with a pass mark of 18/25
- ⑤ Demonstrate the ability to carry out rescue activities in a safe, effective and prompt manner
- ⑤ Demonstrate cardiopulmonary resuscitation, its preparatory actions and aftercare

### Revalidation

This qualification requires revalidation every 2 years to update knowledge and demonstrate understanding.